



CCP NEWS

Newsletter of Ceylon College of Physicians

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Physicians for the Future

CCP 25

Welcome to the first edition of our bimonthly newsletter for the year 2025! In this edition, we offer a comprehensive update on the college's activities during the months of January and February 2025.

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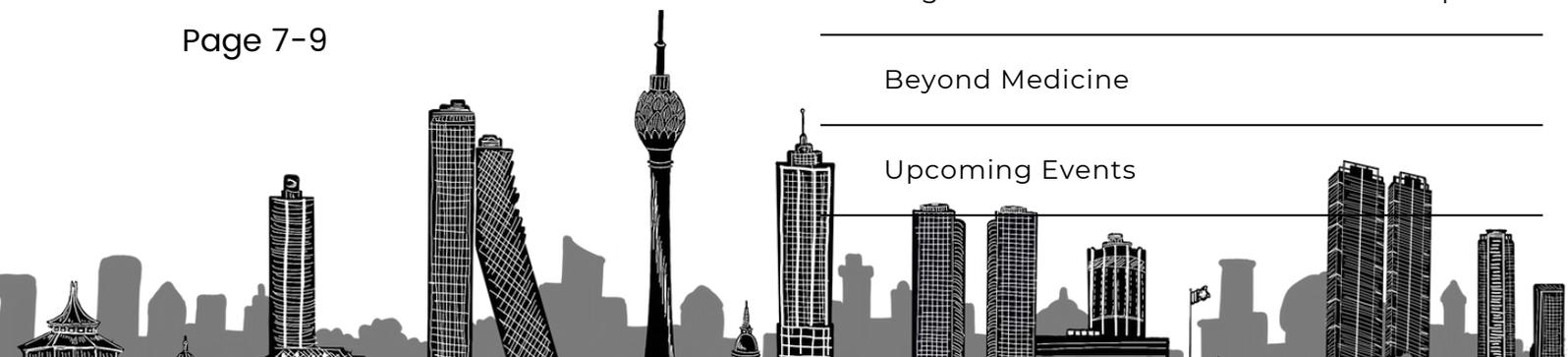
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FEBRUARY 2025

PRESIDENTS' MESSAGE



Vidya Jyothi Professor Prasad Katulanda

I am honored and privileged to take over the leadership of the Ceylon College of Physicians at a pivotal moment in the history of our profession both globally and locally. The medical professionals are at a turning point today, with the advancement of technology, artificial intelligence, and the need to balance these innovations with clinical medicine, humanity and empathy. Locally brain drain had been at an unprecedented level and physicians have to care for their patients with many resource constraints. The theme for the year 2025 'Physicians for the Future' was aptly chosen with the objective of preparing the Sri Lankan physician for the future Sri Lanka and the Future Global village.

I extend my gratitude to the membership for giving me the opportunity to fulfill my dream as a young physician, to serve the country through the College. To achieve the

broader objectives for the year 2025 we have selected a dynamic council comprising experienced seniors and young enthusiastic physicians from all corners of the country.

Sri Lanka has achieved remarkable milestones in the health sector over the decades especially in reducing the overall neonatal, infant and maternal mortality, achieving very high levels of vaccination against deadly diseases and eradicating some infectious diseases such as polio and malaria. Despite these successes, the country continues to face significant health challenges, particularly related to infectious diseases and, more importantly, non-communicable diseases.

Leptospirosis which affects mostly our paddy farmers causes significant number of hospital deaths. It can notoriously cause epidemics, such as the recent one in Jaffna, leading to numerous hospital admissions and deaths. Dengue fever, which is endemic to Sri Lanka now comes up periodically as epidemics overwhelming both hospital services as well as preventive services. Tourism, which is a main contributor to the economy of Sri Lanka can be significantly negatively impacted by infections such as dengue and rabies. We are unlikely to ever forget the deadly COVID pandemic which left an irreversible dent in the economy.

PRESIDENTS' MESSAGE CONTINUED ...

Tuberculosis is still rampant, with many patients diagnosed every day at hospitals throughout the country. HIV, although not as deadly as it used to be, is still at large while patients with illnesses like leishmaniasis are being diagnosed more often now. As the years move on, new infections will continue to emerge, and old and forgotten infections continue to reemerge.

The epidemiological patterns of diseases have changed over time. Although the overall death rates have come down, the percentage of deaths due to non-communicable diseases has increased. Non-communicable diseases also have become important causes of morbidity. Ischemic heart disease and cancers are now the leading causes of death in Sri Lanka.

The demographic pattern in Sri Lanka has changed dramatically over the last few decades. We have become a fast-aging populations and the traditional risk factors for early death have been replaced by new ones. Out of the top risk factors causing deaths and disabilities, high fasting plasma glucose and obesity (high body mass index) have gained increasing relevance while alcohol use continue to remain a significant risk factor.

When evaluating a nation's health, it is essential to consider health expenditure. Over the years, current health expenditure has seen a significant increase. However, the percentage of government contribution to this expenditure has paradoxically declined. Concurrently, there has been a rise in private sector spending, resulting in higher out-of-pocket expenses for individuals. This shift places an increasing financial burden on the people for their healthcare needs.

We face numerous additional challenges in the health sector. The brain drain, which worsened with the economic collapse a few years ago, has become a significant issue. A considerable number of doctors who went abroad for post-graduate training have not returned to Sri Lanka. This brain drain affects not only medical specialties but also other areas of our human health resources. Additionally, many nurses and paramedical professionals are leaving the country in search of better opportunities.

The Ceylon College of Physicians over the years has provided commendable opportunities for continuous professional development for both its members and other doctors at large.

PRESIDENTS' MESSAGE CONTINUED ...

In 2025, my council and I plan to embark on several initiatives to prepare our 'Physicians for the Future.'

1. Streamlining and strengthening of the Continuous Professional Development (CPD) activities.

The CCP since its inception has as a priority provided countless opportunities to its membership to update their knowledge through various activities. We would further strengthen the utilization of these CPD activities of the college by our membership through an initiative like what has been done by the Royal College of Physicians and the Royal Australian College of Physicians. We plan to generate an online CPD portal and a CPD diary. This will be developed to align with the National CPD program proposed by the Ministry of Health. The CCP program will be voluntary. A certificate will be awarded for those who achieve a satisfactory level of CPD for a given year.

2. Artificial Intelligence and Technology During 2025 one of the foremost objectives is to empower physicians on latest technologies and innovations.

The new developments like artificial intelligence (AI), telemedicine and other digital technologies will be of utmost importance for the future physician.

An initiative to develop these skills will be launched in parallel with discussions on broader ethical and legal issues that would arise with the widespread application of AI.

3. Promotion of research and innovation.

The CCP would focus on promoting research among physicians especially on context-specific research and research relevant to the country. Research in the areas of tropical medicine and non-communicable diseases will be encouraged. To encourage clinicians working in the Ministry of Health to undertake more research we will facilitate collaborations with the academia and research institutions through a research facilitation arm.

4. Health promotion, community engagement and advocacy.

Since most of the illnesses causing death and disability in Sri Lankans are linked to lifestyle factors such as physical inactivity, tobacco use and excessive calorie and alcohol intake, we feel that physician has an increasingly important role in health education, health promotion and prevention. A community engagement and education program with public health experts will be organized.

5. Fostering collaborations.

The CCP will specially focus on fostering collaborations with other

PRESIDENTS' MESSAGE CONTINUED ...

associations, sister colleges, other professional colleges and departments of the Ministry of Health to achieve our broader objectives for the health of Sri Lankan citizens.

6. Promoting palliative care.

In a setting with an increasingly aging population, an increasing number of people with terminal illness either due to organ failures or cancers are seen in hospitals and in the community. We hope to have a wider discussion on issues related to palliative care and the management of terminally ill with relevant associations and colleges as well as with the public.

7. Infectious diseases and antibiotic stewardship.

As infectious diseases are still rampant and antibiotic resistance is becoming a major problem in hospitals as well as in the community, the CCP with the infectious disease forum will launch a special initiative on antibiotic stewardship with the relevant stakeholders. Furthermore, infectious disease days will be organized to provide updates and education on infectious diseases.

8. Promotion of resilience, patriotism and leadership

Resilience, perseverance and patriotism are important qualities for any professional, particularly when working with multiple challenges amidst limited resources. This is particularly important in the current context. We will take measures to reduce physician burn out by various innovative initiatives. Through the CCP Leadership forum we will inculcate leadership qualities and communication skills among our trainees and young members to nurture them to become future leaders of health care in Sri Lanka.

9. The CCP building project.

The Ceylon College of physicians is badly in need of our own home to carry out the enormous amount of work that's done for the profession and the nation. Our council will work hard on this initiative along with the buildings committee to fulfil this task.

Many of our patients are poor and the health system has meagre resources. In such a context by embodying the necessary attributes, we believe that the Sri Lankan specialist physician can ensure sustainable healthcare advancements, contribute to national and global medical innovation, and most importantly, optimally address the health needs of our fellow citizens and be their true healers.

I would like to invite all members of the CCP to rally round the college in helping to achieve our goals.

PRESIDENT INDUCTION 2025

The Ceylon College of Physicians (CCP) held its prestigious ceremonial induction of the 49th President at the Shangri-La Hotel in Colombo on 25th of January 2025. The event, which brought together distinguished members of the medical community, was conducted under the theme “Physicians for the Future.”

The highlight of the evening was the formal handing over of the President’s Medal by the immediate past president, Dr. Upul Dissanayake, to the newly inducted president, Vidya Jothi Professor Prasad Katulanda. A renowned figure in Sri Lanka’s medical field, Professor Katulanda takes on the leadership of the CCP with a vision to advance medical education, research, and patient care in alignment with the evolving healthcare landscape.

The ceremony was attended by a distinguished gathering, including past presidents, council members, and officials from the Ministry of Health. Their presence underscored the significance of the occasion and the continued commitment of the CCP to strengthening the nation’s healthcare system.

In his inaugural address, Professor Katulanda emphasized the need for innovation, collaboration, and capacity building among Sri Lanka’s physicians to meet future healthcare challenges. He also acknowledged the contributions of his predecessors and pledged to uphold the high standards of the college.

The event marked a milestone in the history of the Ceylon College of Physicians, reinforcing its mission to nurture and support the next generation of medical professionals in Sri Lanka.





PRESIDENT INDUCTION 2025

To view the lecture visit



COUNCIL 2025



Vidya Jyothi Professor Prasad Katulanda
President



Professor Namal Wijesinghe
President Elect



Dr Upul Dissanayake
Immediate Past President



Dr Lilanthi Subasinghe
Honorary Joint Secretary



Dr Praveen Weeratunga
Honorary Joint Secretary



Dr Asanka Ratnayake
Treasurer



Dr Naomali Amarasena
Past President
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Professor Senaka Rajapakse
Past President
Representative



Professor Chandanie
Wanigatunge
Past President
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Dr Anula Wijesundere
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Dr Pradeep Kumarasinghe
De Silva
Fellow Representative



Dr Nandana Dikmadugoda
Fellow Representative



Dr Duminda Munidasa
Fellow Representative

COUNCIL 2025



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Council Member



Dr Chamila Dalpatadu
Council Member



Professor Chamara
Dalugama
Council Member



Dr Shamitha Dassanayake
Council Member



Dr Lakmal Fonseka
Council Member



Dr Sandeepana Gamage
Council Member



Dr Lasantha Ganewatta
Council Member



Dr Dumitha Govindapala
Council Member



Dr Yapa Udaya Kumara
Council Member



Dr Prabhashini Kumarihamy
Council Member



Dr Chiranthi Liyanage
Council Member



Professor Thushara Matthias
Council Member



Dr P Mayurathan
Council Member



Dr Saamir Mohideen
Council Member



Dr Nilanka Perera
Council Member



Dr Nuwan Premawardana
Council Member



Dr Solith Senanayake
Council Member



Dr V Sujanitha
Council Member



Dr Chandimani Undugodage
Council Member



Dr Ushani Wariyapperuma
Council Member



Dr Nirmla Wijekoon
Council Member



COUNCIL 2025



Professor Dinithi Fernando
Co-editor (JCCP)



Professor Kamani Wanigasuriya
Co-editor (JCCP)

REPRESENTATIVES FROM OTHER COLLEGES



Dr Navoda Atapattu
Council Member



Dr Manjula Dissanayake
Council Member



Dr Chathurie Suraweera
Council Member



Dr Manu Wimalachandra
Council Member

THE RACE AGAINST TIME: A PHYSICIAN'S PERSPECTIVE

In the life of a physician, time is both an ally and an adversary. The very nature of our profession often feels like a constant race against time. Whether as a medical student striving to learn, as a post-graduate juggling endless responsibility, as a treating physician making critical decisions, or even in observing the struggles of patients facing life's impermanence, the theme remains the same: time waits for no one. And yet, amidst this relentless pursuit, a counterbalance emerges from Buddhist philosophy.

The race against time as a medical student

From the very first day of medical school, the ticking clock becomes palpable. The sheer volume of knowledge to be acquired is overwhelming. Anatomy, physiology, pathology, so on and so forth, each demands not only memorization but understanding. Days stretch into sleepless nights, and every hour feels like a chance to revise, a chance to prepare for the next test, the next exam, the next clinical presentation. It became even more daunting during the latter years, where you run back and forth between hospital and university for clinical and academic work. Falling into the so called 'cream of society' one



Dr Solith Senanayake

Consultant Cardiologist/Lecturer
Department of Pharmacology,
Faculty of Medical Sciences
University of Sri Jayawardenepura

would have often wondered about the worth of the struggle, when some of your peers who thought performed 'less' during school times, seem to have run the race much far ahead.

But it's not just academic pressure; there is also the emotional weight of witnessing suffering for the first time. A medical student often confronts the harsh realities of life and death in hospital wards. There is little time to process these emotions because the schedule demands you move on. One moment, you're grappling with the loss of a patient you met during rounds: the next, you're memorizing pharmacology tables for an upcoming exam. The race against time here is about becoming competent, knowledgeable, and empathetic, all before graduation arrives.

The race against time as a post graduate trainee



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If medical school is a sprint, postgraduate training is a marathon at an unforgiving pace. The long hours blur into each other: 36-hour shifts, sleepless nights, and constant decision-making. Here, the race against time intensifies because you are no longer a passive learner; you are a decision-maker. The stakes are higher, and the margin for error is slimmer. You are now a responsible adult. You are at a stage after many years of sacrifice of their time and money to raise you as a doctor, the family expecting you to deliver back. Amidst all of that balancing time with your partner, spouse, kids is no easy task.

Time management becomes a life skill. There's barely time to eat, sleep, or reflect, let alone balance personal and professional responsibilities. There's an endless stream of tasks: pre-rounding, patient documentation, procedures, attending lectures, and preparing for specialty exams. The exhaustion of postgraduate training is not just physical but mental and emotional. Yet, amidst the chaos, trainees must find moments to master skills and knowledge that will define their careers.

It is also during this phase that physicians first experience the profound reality of time running out for their patients. The urgency of a

crashing patient or the finality of a terminal diagnosis hits hard. Time is not just a professional constraint; it becomes a moral burden.

Race against time as a physician

Once the title of consultant or attending physician is earned, the race does not end; it transforms. Now, the responsibility of making critical decisions rests solely on your shoulders. Every day presents a battle against time: a heart attack patient requiring urgent intervention, a stroke patient needing immediate thrombolysis, or a critically ill child whose outcome hinges on timely treatment.

Beyond emergencies, there is also the struggle to balance the demands of patient care with administrative tasks, research, teaching, and personal life. The expectation to remain updated in a rapidly evolving field adds another dimension to the race. Guidelines change, treatments improve, and new technologies emerge. Staying ahead requires vigilance and adaptability.

As glorified individuals in societies like ours, maintaining status remains an added pressure, and private clinical work has invariably become part of it for many. Like the busy ants running back and forth to build their nest, moving from one place to the other, the frustration of being stuck in traffic, the constant pressure of eagerly



ARTICLE CONTINUED ...

waiting patients and so forth is a constant that most face in this 'after hours run against time.

Time's relentless march also brings the physician face-to-face with their limitations. Despite the best efforts, not every life can be saved, and not every illness can be cured. The race against time often feels like a losing battle, and physicians must learn to reconcile with this reality to prevent burnout and maintain their mental health.

For patients, time is an entirely different entity. For some, it is the desperate hope of time stretching further—a terminally ill patient praying for another day, another chance to see their loved ones. For others, it's the agonizing crawl of waiting—waiting for test results, waiting for a diagnosis, waiting for relief from pain.

In acute settings, the race against time is literal. The "golden hour" in trauma, the minutes ticking away during cardiac arrest, the precious seconds in stroke management—these moments define outcomes. Time becomes the difference between life and death, recovery and disability.

Chronic illnesses bring a different perspective. For a patient with end-stage renal disease or progressive

cancer, time becomes a teacher of acceptance. It is here that physicians often witness the human spirit's resilience and adaptability, as patients find meaning and joy in the face of limited time.

Buddhism and the Art of Being Present

In a profession so dominated by time—schedules, deadlines, emergencies—the teachings of Buddhism offer a refreshing counterpoint. Buddhism emphasizes mindfulness, the practice of being fully present in the moment. It teaches that worrying about the future or dwelling on the past only detracts from the here and now.

For physicians, mindfulness can serve as a powerful tool. It allows for a deeper connection with patients, a clarity of thought in decision-making, and a measure of peace amidst the chaos. By focusing on the present moment, a physician can approach even the most urgent situations with calm and precision.

Buddhist philosophy also reminds us of impermanence. In medicine, where the illusion of control is often shattered, this teaching can be profoundly liberating. Accepting that not every outcome is within our hands and that life's transience is universal helps physicians navigate the emotional weight of their work.



ARTICLE CONTINUED ...

Mindfulness practices, such as meditation, can also help physicians and patients alike. For doctors, it reduces stress and prevents burnout. For patients, it offers a way to cope with pain, uncertainty, and the fear of death. The balance between the race against time and the art of being present is delicate but achievable.

The race against time defines the life of a physician at every stage. From the frantic pace of medical school to the high-stakes urgency of clinical practice, time's constraints shape the profession. Yet, through the lens of Buddhism, we see an alternative perspective: one that values presence over haste and acceptance over control.

As physicians, while we must often race against time to save lives and alleviate suffering, it is equally important to pause, reflect, and connect with the present moment. After all, life—for both doctor and patient—is lived not in the past or future but in the fleeting, precious now.

YOUNG PHYSICIANS' FORUM

The first young physicians' forum (YPF) for the year was held on 21st January at ClinMARC Auditorium. The two speakers were Dr. Janya Jayawardena, Senior Registrar in Neurology, National Hospital Sri Lanka and Dr. Suganthika Devi Muthusamy, Senior Registrar in Internal Medicine, National Hospital Galle. Dr Jayawardena spoke on "Rationalized pattern recognition in Neuro-muscular disorders" while Dr Suganthika's topic was "Exploring the hidden epidemic of medical negligence in Sri Lanka".



Rationalized pattern recognition in Neuro-muscular disorders

Dr. Janya Jayawardena

Senior Registrar in Neurology,
National Hospital Sri Lanka



Exploring the hidden epidemic of medical negligence in Sri Lanka

Dr. Suganthika Devi Muthusamy

Senior Registrar in Internal
Medicine, National Hospital Galle

To view the lecture visit



Thrombocytopenia - A Physicians Perspective

Dr S. V. Senanayake

Senior Registrar in Medicine,
National Hospital Sri Lanka



Seeing is believing: Unraveling dementia with lewy bodies & its challenges

Dr. Nipuna Weerasinghe

Senior Registrar in Neurology,
National Hospital Sri Lanka

To view the lecture visit



February saw the second round of YPF, where Dr S. V. Senanayake, Senior Registrar in Medicine, National Hospital Sri Lanka spoke on "Thrombocytopenia - A Physicians Perspective" and Dr. Nipuna Weerasinghe, Senior Registrar in Neurology, National Hospital Sri Lanka, on "Seeing is believing: Unraveling dementia with lewy bodies & its challenges".



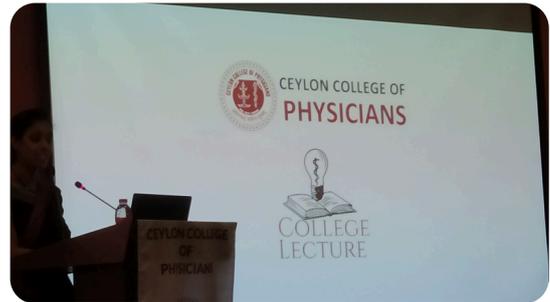

 Young
 Physicians'
 FORUM



COLLEGE LECTURE

First College Lecture for the year, as per tradition followed the two YPF presentations was delivered by Dr Selladurai Pirasath, Consultant Physician in Internal Medicine, Base Hospital, Point Pedro, Jaffna on 21st January at CLinMARC. His lecture was on "Sepsis: The Physician's Perspectives".

The College Lecture for the month of February was helmed by Dr Ushani Wariyapperuma, Specialist in Internal Medicine, Department of Physiology, Faculty of Medicine, University of Moratuwa, speaking on the topic: "Approach to Fever in Neutropenic Patients".



Sepsis: The Physician's Perspectives

Dr Selladurai Pirasath

MBBS, MD, FRCP, FACP, ISHF
Consultant Physician in Internal Medicine,
Base Hospital, Point Pedro, Jaffna

To view the lecture visit 



Approach to Fever in Neutropenic Patients

Dr Ushani Wariyapperuma

Specialist in Internal Medicine
Department of Physiology
Faculty of Medicine
University of Moratuwa

To view the lecture visit 



PEER LEARNING: PERIPHERY TO THE FORE

*Clinical Case discussion by
Consultant Physicians away from
the centre.*

The Peer Learning: Periphery to the Fore lecture series provides an essential platform for physicians working in peripheral hospitals to share their experiences and strategies for delivering healthcare in resource-limited environments, despite facing various challenges.

The first session of 2025 took place on 27th January 2025, featuring two captivating case presentations. Dr. Rohitha Amara Witharana, Consultant Physician at the Base Hospital, Gampola, presented on "Snakebite Envenoming: Insights from Peripheral Healthcare Settings." and Dr. Thilini Hemachandra, Acting Consultant in Rheumatology and Rehabilitation at the District Hospital, Ampara, discussed "Swelling with Danger and the 'Silent Culprit'."



**Snakebite Envenoming:
Insight from Peripheral Health
Care Settings**

Dr. Rohitha Amara Witharana

Consultant Physician
Base Hospital, Gampola



**Swelling with Danger and 'Silent
Culprit'**

Dr. Thilini Hemachandra

Acting Consultant in
Rheumatology and Rehabilitation
District Hospital, Ampara

To view the lecture visit



INFECTIOUS Diseases Day

The inaugural session of the Infectious Diseases Day, part of the monthly series organized by the Infectious Diseases Forum of the Ceylon College of Physicians, took place on 9th January 2025 at the ClinMARC Auditorium, NHSL. The session focused on the theme of "Community-acquired Pneumonia." Dr. Suresh Kumar, an Infectious Diseases Specialist from Apollo Hospital, India, delivered inaugural lecture titled "Approach to Community-acquired Pneumonia." This was followed by an engaging case-based discussion led by a local expert, providing valuable insights into the topic.



"Approach to Community-acquired Pneumonia."

Dr. Suresh Kumar

Infectious Diseases Specialist,
Apollo Hospital, India



"Meningococcal Infections: What Clinicians Need to Know."

Dr. P. Vishnu Rao

Consultant in the Department of
Infectious Diseases at Apollo Hospitals,
Hyderabad, India

The Infectious Diseases Day for February, themed "Silent Threat: Understanding Meningococcal Infections," was held on 27th February 2025. Dr. P. Vishnu Rao, Consultant in the Department of Infectious Diseases at Apollo Hospitals, Hyderabad, India, delivered the opening lecture titled "Meningococcal Infections: What Clinicians Need to Know." This was followed by a case discussion led by Dr. Thisara Perera, Acting Consultant Physician at the National Institute of Infectious Diseases.

To view the lecture visit





INFECTIOUS Diseases Day





ජන සුව හමුව PUBLIC HEALTH FORUM பொது சுகாதார மன்றம்



The launch of public health awareness programs at the regional level took place during the Ceylon College of Physicians' regional meeting in Anuradhapura on 24th February 2025.

This initiative was a collaborative effort between the Rotary Club of Anuradhapura, the Sri Lanka College of Community Physicians, and the Anuradhapura Medical Association.

The session, moderated by Dr. Yapa Udaya Kumara, Consultant Physician at the Base Hospital, Beruwala, covered a range of important health topics.

The session, moderated by Dr. Yapa Udaya Kumara, Consultant Physician at the Base Hospital, Beruwala, covered several important health topics, with the several experts sharing their knowledge and insights.

This event marked a significant step in raising awareness and promoting public health initiatives, contributing to the overall betterment of regional healthcare in Sri Lanka.

REGIONAL MEETING ANURADHAPURA

in collaboration with
Anuradhapura Medical Association

On 25th February 2025, the Ceylon College of Physicians, in partnership with the Anuradhapura Medical Association, hosted a highly successful Joint Regional Academic Session at the Golden Mango Resort, Anuradhapura.

This event brought together prominent medical experts from various subspecialties to share valuable insights and the latest updates in the field of medicine, tailored to the Sri Lankan context.

The session featured two parallel programs, thoughtfully designed to meet the educational needs of both doctors and nursing officers, ensuring a well-rounded and enriching experience for all healthcare professionals in attendance.

In addition to the enriching academic content, the warm hospitality extended by the Anuradhapura Medical Association played a pivotal role in the event's success. The association's commitment to creating a welcoming and collaborative atmosphere helped forge strong professional relationships and facilitated the exchange of knowledge and ideas. The event was not only an opportunity for professional development but also a celebration of the spirit of unity among medical professionals, reinforcing the importance of collaboration in advancing healthcare standards.

Overall, the Joint Regional Academic Session was an outstanding success, providing invaluable insights and fostering a sense of community among healthcare providers. It highlighted the importance of continuous learning and collaboration in improving the quality of care for patients across Sri Lanka.





REGIONAL ACADEMIC SESSIONS ANURADHAPURA



BEYOND MEDICINE

The "Beyond Medicine" lecture, titled "Stolen Stones and Stories Untold: A 12,000-Year-Old Leap into History," was delivered by Dr. Himantha Atukorale and proved to be both captivating and enlightening for the audience. In his presentation, Dr. Atukorale skillfully explored the rich 12,000-year history of Yapahuwa, a site of significant archaeological and historical importance in Sri Lanka. He also delved into its medical relevance, connecting ancient practices and discoveries to contemporary research in the field. His insightful analysis of both completed and ongoing studies provided the audience with a deeper understanding of the historical context and the ongoing efforts to uncover and preserve this ancient treasure.

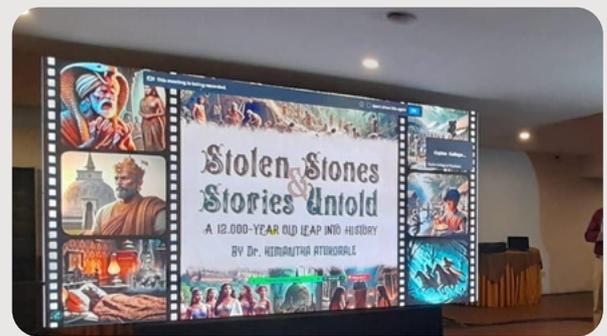
The lecture not only enriched the attendees' knowledge but also sparked engaging discussions on the intersection of history, archaeology, and medicine. Following this thought-provoking session, a fellowship dinner was held, offering a warm and welcoming space for further dialogue and networking among participants. This gathering allowed medical professionals and guests to continue their conversations in a more informal setting, fostering connections and collaboration.



"Stolen Stones and Stories Untold: A 12,000-Year-Old Leap into History"

Dr. Himantha Atukorale

Consultant Rheumatologist
MBBS (Col) MD FCRP (Edin) FACR
DGH - Gampaha



To view the lecture visit



UPCOMING EVENTS



YOUNG PHYSICIANS' FORUM

Young Physicians' Forum will be held on 18th March 2025, 11.45am to 12.45pm at the ClinMARC Auditorium, NHSL.



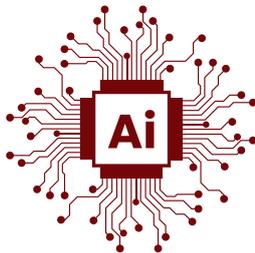
COLLEGE LECTURE

College Lecture will be held on 18th March 2025, 12.45pm to 1.30pm at the ClinMARC Auditorium, NHSL.



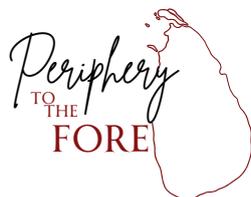
INFECTIOUS DISEASES DAY

Infectious Diseases Day will be held on 20th March 2025, 12.00pm to 1.30pm at the ClinMARC Auditorium, NHSL.



ARTIFICIAL INTELLIGENCE IN MEDICINE

Artificial Intelligence in Medicine meeting will be held on 21st of March 2025 at Epilepsy building Auditorium, NHSL.



PERIPHERY TO THE FORE

Peer Learning: Periphery to the Fore is scheduled to be held on 24th March 2025, 12.00noon to 1.30pm at the ClinMARC Auditorium, NHSL.



CEYLON COLLEGE OF PHYSICIANS

CCP 2025

PHYSICIAN FOR THE FUTURE

SAVE THE DATE
SEP 10TH - 13TH 2025



CINNAMON LIFE
COLOMBO



CEYLON COLLEGE OF PHYSICIANS

Established in 1967

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